



April 7, 2018
78th Annual



BEVERLY
INTERNATIONAL

NGA CINCINNATI *Natural*

Bodybuilding, Physique, Figure, & Bikini
Championships

Tiers 1 & 2

PRO QUALIFYING EVENT

Miami University Middletown Campus

Dave Finkelman Auditorium

4200 North University, Middletown Ohio, 45042

Prejudging 12PM & Finals 6PM

Tickets on Sale March 4 - Prejudging \$15 - Finals \$25

VIP Reserved - Prejudging & Finals \$40



Free T-Shirt for Preregistered competitors

More Information Call [513-825-3604](tel:513-825-3604), Email rickruether@gmail.com or Visit www.bodsquad.us

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The NGA Mr. & Ms. Cincinnati Natural

The Oldest Running Bodybuilding Competition in the World!

Dave Finkelman Auditorium at Miami University of Middletown Ohio

I-75 to Exit 32 (Middletown), go west. Bear right onto Grand Ave. Turn right on N Breiel Blvd & travel approx. 1.5 miles to Miami University of Middletown on the left. The Dave Finkelman Auditorium is visible from the main parking lot. Free Parking!

- Eligibility** – This is a drug tested event open to all drug free NGA registered athletes. Testing is at Promoter's discretion by polygraph & urinalysis.
- NGA Membership** – Annual NGA paid membership is necessary to compete. If you are already a member of the NGA, bring your official NGA card or an official NGA receipt for proof of membership. **Pictures and photocopies not accepted.**
NGA memberships are available on the NGA website, <http://www.nationalgym.com>
Follow the link to NGA Athletes Membership > NGA Armature & Pro Membership > [01. NGA MEMBERSHIP - Amateur Athlete \\$75](#)
- Check-in** – **ALL COMPETITORS Saturday 4/7/2018, 8AM–10AM at Dave Finkelman Auditorium - *Only competitors permitted in auditorium Athletes must have suit(s) on at check in for Judge's inspection.** Bring posing routine music to check in – Men's Bodybuilding and Men's Classic Physique ONLY
NO ENTRIES ACCEPTED AFTER MANDATORY, IN-PERSON CHECK-IN ENDS AT 10AM.
- Contest Day** – **Saturday 4/7/2018** Mandatory **COMPETITOR MEETINGS 11AM and 5PM** prior to prejudging and finals in the main auditorium – Competitors ONLY. All competitors MUST be present ON TIME. **PREJUDGING 12PM. FINALS 6PM.**
- Pure Novice Class** – These classes are for 1st time NGA competitors only. *NOTE – Competitors that have competed before in the NGA but in a different division are eligible for the Pure Novice class (e.g. former Women's Bikini competitor now competing in Women's Figure)*
- Crossovers** – Crossovers accepted for an additional fee PER CROSSOVER. All competitors may crossover between Pure Novice, Junior, Masters, and Open classes within a division depending on eligibility. **Men** – Division crossovers permitted from Physique, Classic Physique, and Bodybuilding. **Women** – No division crossovers permitted (must pick Bikini OR Figure).
- Entry Fees** – Base entry for one class including drug testing fee - \$85 Crossover fee - \$30 for each additional class
(Late fee of \$30 for entries post marked after 3/31/2018 or received at check-in).
ALL ATHLETES MUST BE DRUG FREE FOR 7 YEARS. URINALYSIS AND/OR POLYGRAPH TESTING WILL BE PREFORMED
Entries are accepted up to & including Saturday 4/07/2017 at athlete check-in.
NO ENTRIES ACCEPTED AFTER MANDATORY, IN-PERSON CHECK-IN ENDS AT 10AM.
- Tickets** – Tickets available in advance starting March 4.
Prejudging \$15 – Open seating (only available day of the show at the door)
Finals \$25 – Assigned Seating (may be purchased in advance)
VIP Prejudging and Finals Combined \$40 – Best seats reserved – Only way to purchase Prejudging tickets before the show
Get your tickets early. All seats are assigned on a 1st come, 1st served basis. Typically sell out.
- Entries / Tickets can be paid by check, money order or PayPal. Visit <http://www.bodsquad.us> or contact us at 513-825-3604.**
Clearly identify how many, which type and where to send the tickets.
Presale tickets end Saturday 3/31/2018. Remaining tickets will be available at the show ticket office after check-in is complete.
- Attire** – All suits must conform to the rules and guidelines of the NGA and must be **WORN FOR INSPECTION AT CHECK-IN**. No thongs, logos etc. Athletes must be tastefully covered (**MINIMUM 50% COVERAGE** on breasts, & glutes) and present themselves in a tasteful manor. No breast or glute shakes, air kisses etc. No "stripper" type suits. If your suit accentuates your groin area or does not cover 50% of glutes, it is not acceptable. **** If your suit does not properly cover, you will not be permitted on stage! Bring a backup if you are not sure.****
- Costumes & Props** – Costumes and props are permitted (actually encouraged) at the EVENING FINALS ONLY. Costumes and props must be safe and not prevent the judge's view of the competitor's physique. Costumes & props are optional and will not affect judging.
- Tanning Products** – For all tanning inquires, including scheduling, please contact the official tan supplier (The Sassy Co. - 586-481-5994 or contact@suitsbysassy.com). **No Tanning Products permitted in the building. NO EXCEPTIONS!** All tanning products must be applied before the competition or at the competition by the official spray tan supplier.
****No "wipe off" products permitted. Failure to comply will result in immediate disqualification****
- Presentation** – Prejudging: **No** individual posing routines to music, only mandatory poses and presentations.
Finals: Men's Bodybuilding and Men's Classic Physique- 90 second maximum, posing routine to music provided by the competitor.
- Music** – Finals music for Men's Bodybuilding and Men's Classic Physique individual routines **ONLY**. Maximum 90 seconds.
Must be provided in the form of CD with **ONLY 1 track. NO PROFANITY!** Profanity will result in immediate disqualification.
DO NOT USE MP3 FORMATTED CD'S They will not play on the theatre's equipment! Use CDA format when creating your CD.
- Awards** – Presented to the top 5 in each class. Awards will consist of custom trophies.
Team award will be presented to the Top team based on number of competitors (minimum 4) and competitor placings.
- Pro Qualifier** - ONLY the OPEN overall winners are eligible to receive their NGA pro cards. (There must be a minimum of 5 competitors in the division to be a pro qualifier). See <http://www.nationalgym.com> for full details.
- Scores** – Scores will be available on the <http://www.bodsquad.us> website after the show.
- Feedback** – All of our Judges are extremely experienced and most are, or were high level athletes, typically from several different cities/states. They will be glad to give one on one feedback **after** the competition at the judges' panel table.
- Photos** – Professional photographers will be on site offering on stage and backdrop photos for sale. Details provided at the show.
****Absolutely no videos or photos may be made available for sale without expressed written consent prior to the show from Ruether Productions.****

Don't forget!!! MANDATORY CHECK-IN is Saturday, April 7, at Dave Finkelman Auditorium!!!

Official 2018 NGA Cincinnati Natural Entry Form

(No Refunds)

Please Print Clearly

(No Refunds)

Payments to: Rick Ruether Send to: 10258 Springbeauty Ln, Cincinnati, Ohio 45231

Name _____ Age on day of the competition _____

Address _____ City _____

State _____ Zip _____ Phone (____) _____ - _____ Email _____ @ _____

Est. Body Wt. _____ Height _____ Team Name _____

CROSSOVERS

ALL COMPETITORS – Class crossovers WITHIN A DIVISION ARE PERMITTED.

You may crossover from Pure Novice, Junior, Masters, and Open classes.

MEN – Division crossovers are also permitted. **WOMEN –** Division crossovers are NOT permitted.

For crossovers please mark all classes on one entry form and add additional fee of \$30 for each crossover to the Base entry fee of \$85 for the first class.

Example: Base Entry: Open (\$85) + Pure Novice (\$30) + Masters (add \$30) = \$145

PURE NOVICE ELIGIBILITY

1st time NGA competitors only. Competitors that have competed before in the NGA but in a different division are eligible for the Pure Novice class

Example: If you are a 1st time Figure competitor and have competed in Bikini you ARE eligible for Pure Novice

<p style="text-align: center;"><u>Men's Bodybuilding Division</u></p> <p>Special Classes</p> <p><input type="checkbox"/> Pure Novice Bodybuilding</p> <p><input type="checkbox"/> Junior Bodybuilding (23 & Under)</p> <p><input type="checkbox"/> Masters Bodybuilding (40 & Over)</p> <p><input type="checkbox"/> Masters Bodybuilding (50 & Over)</p> <p><input type="checkbox"/> Masters Bodybuilding (60 & Over)</p> <p>Open Classes</p> <p><input type="checkbox"/> Light Weight – up to & inc. 156¼ lbs.</p> <p><input type="checkbox"/> Middle Weight – Over 156 ¼ up to & inc. 172¼ lbs.</p> <p><input type="checkbox"/> Light Heavy Weight – Over 172¼ up to & inc. 189¼ lbs.</p> <p><input type="checkbox"/> Heavy Weight – Over 189¼ lbs.</p> <p style="text-align: center;"><u>Men's Classic Physique Division</u></p> <p>Open Classes</p> <p><input type="checkbox"/> Weight Classes To Be Determined After Check-In</p>	<p style="text-align: center;"><u>Men's Physique Division</u></p> <p>Special Classes</p> <p><input type="checkbox"/> Pure Novice Physique</p> <p><input type="checkbox"/> Masters Physique (40 & Over)</p> <p>Open Classes</p> <p><input type="checkbox"/> Up to & inc. 156¼ lbs.</p> <p><input type="checkbox"/> Over 156 ¼ up to & inc. 172¼ lbs.</p> <p><input type="checkbox"/> Over 172 ¼ lbs.</p> <p style="text-align: center;"><u>Women's Bikini Division</u></p> <p>Special Classes</p> <p><input type="checkbox"/> Pure Novice Bikini</p> <p><input type="checkbox"/> Junior Bikini (23 & Under)</p> <p><input type="checkbox"/> Masters Bikini (35 & Over)</p> <p>Open Classes</p> <p><input type="checkbox"/> Up to & inc. 5'4"</p> <p><input type="checkbox"/> Over 5'4" up to & inc. 5'6"</p> <p><input type="checkbox"/> Over 5'6" up to & inc. 5'8"</p> <p><input type="checkbox"/> Over 5'8"</p>	<p style="text-align: center;"><u>Women's Figure Division</u></p> <p>Special Classes</p> <p><input type="checkbox"/> Pure Novice Figure</p> <p><input type="checkbox"/> Masters Figure (40 & Over)</p> <p><input type="checkbox"/> Masters Figure (50 & Over)</p> <p>Open Classes</p> <p><input type="checkbox"/> Up to & inc. 5'4"</p> <p><input type="checkbox"/> Over 5'4" up to & inc. 5'6"</p> <p><input type="checkbox"/> Over 5'6" up to & inc. 5'8"</p> <p><input type="checkbox"/> Over 5'8"</p>
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* Proof of age is required for all Masters and Juniors classes

**Classes may be adjusted at Promoters discretion

Read Entirely Before Signing Entry: In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive all rights and claims for damages I may have against the National Gym Association, Ruether Productions their agents, The Southwest School District, Miami Univ. of Middletown OH, their representatives and assigns, for any and all injuries incurred by me, in connection with these events and traveling to and from the events. I hereby give my consent, knowing full well, without compensation for myself, for all video / audio rights, for the filming / taping of my performance in the aforementioned NGA event(s). I realize that I will not hold the aforementioned persons / institution(s) responsible for any theft or damage incurred before, during, or traveling to and from the event(s). I understand that there will be no refund on entries for any reason. I understand the preceding material and agree to all terms.

IMPORTANT *I understand that this is a **DRUG TESTED EVENT** and by entering this event and signing this entry I am willing to submit to any and all test(s) requested by the NGA and/or promoter and understand all test results are final and may be available to the public. Failed test(s) will be subject to disqualification, as well as failure to submit sample(s) for testing when requested. I understand that athletes who fail drug test(s) agree to return any and all awards within 72 hours of notification at their own expense. I am responsible for any and all damage caused by me at venue or guest hotel

Signature X _____ Date _____

Guardian (if under 18) X _____ Date _____

BY SIGNING ABOVE I AM STATING THAT I AM A DRUG FREE ATHLETE AND AGREE TO ALL RULES AND CONDITIONS PRINTED AND STATED BY THE NGA AND PROMOTER. I UNDERSTAND THAT IF I AM DISQUALIFIED IT WILL BE POSTED ON THE SCORE SHEETS AND WEB SITE(S) AVAILABLE TO THE PUBLIC.